



The Cragg Challenge - Entry Form

Participant Number

Please complete the following and hand in together with the appropriate cash payment:

Office Use Only

Event (please circle) (Price includes £5 administration fee)	Cycle £15	5Km £15	10Km £20	10Mile £23
First Name				
Last Name				
Email				
Date				
Sex				
Birth date				
Phone number				
Address				
City				
Postcode				
Emergency Contact Name				
Emergency Contact Number				
Expected completion time				
Club				
Club number				
Any other relevant information				

Items in **bold** are essential, please read T's & C's and **sign** overleaf.

Event Organiser: Cragg15-The Cragg Challenge

AGREEMENT AND WAIVER

With regards to my participation in any Cragg15 ('the event' or 'race'), I agree to this waiver and release. I understand, acknowledge and agree that:-

- I am at least 16 years of age on race day and have read, understood and agree to all the rules, terms & conditions as stated on the race website: www.cragg15.uk or any other managed by Cragg15
- The nature of the races include running on mountainous / varied terrain and as such are liable to changing and severe weather conditions (rain, snow, hail, sunshine, low cloud, mist, high winds).
- The routes are undeveloped and rugged with risks which include but are not limited to steep ascents and descents, loose rocks, mud, wet slippery tree roots and rocks, stream crossings, ridges, high exposure, snow and ice.
- Some of the routes will use roads, paths, tracks and trails open to public users, which include walkers, farm workers, vehicles, livestock etc. Other risks may include, but are not limited to, encounters with animals, reptiles and insects. I acknowledge and agree to extend due care and courtesy to all users during the event's.
- Whilst I will be using mostly established trail paths, I need to be aware of the race route and will navigate using the map provided by the event organisers (where required).
- As part of my race entry registration, I have submitted true and honest statements regarding my experience of competing in other ultra-distance and mountain running navigation events, marathons, half marathons, trail races.
- Participation in such an event carries with it certain inherent risks and dangers that cannot be completely eliminated, ranging from risk of minor injuries to catastrophic injuries including permanent disability and death.
- I assume full and complete risk and responsibility for any injury or accident that may occur during the event, while travelling to or from the event, or while on the premises of the event.
- The compulsory equipment stipulated in the race rules is necessary for my own safety during the races. I agree to carry all the stipulated compulsory equipment with me throughout the duration of the race and understand that failure to do so will result in disqualification from the race.
- I follow the route through all checkpoints in the order given and understand that taking any short-cuts between checkpoints will result in disqualification.
- I am medically able to participate in such a race, have trained sufficiently for such an event and am physically fit in order to compete safely and look after myself on the trail. Any medical condition I may have has been declared to the event organisers (Cragg15) and I have no medical condition that would make my participation more hazardous.
- I consent to medical care and transportation in order to obtain treatment in the event of injury and understand that this Agreement and Waiver extends to any liability arising out of, or in any way connected with, the medical treatment and transportation provided in the event of an emergency and/or injury.
- The organiser, checkpoint staff, race marshals or medical officer reserves the right to stop me from participation due to serious injury or illness. Should I wish to retire from the race, I must inform a race official immediately (at a checkpoint or by calling the HQ/Emergency number).
- I agree to pay any and all costs incurred for a search and rescue operation, should I fail to inform a race official immediately of my withdrawal. I understand that once withdrawn, this decision cannot be reversed. I understand that I am responsible for my own repatriation (with help from race officials where possible) and subsequent actions after withdrawing.
- I observe and obey all rules and warnings, to follow any instructions or directions provided to me by the event organiser and to abide by any decision of any race official related to my ability to safely participate in the race without complaint or recompense.
- Participation in a Cragg 15 event is a potentially dangerous activity and am fully aware of the risks involved. I accept all responsibilities associated with competing in this event, including but not limited to, risks of injury, permanent injury, loss and death due to falls, obstacles, contact with other participants or animals, acts or omissions of other participants; effects of the weather (hyperthermia, cold, hypoglycaemia, dehydration, sunburn, sunstroke, heatstroke, cramp, rain, snow, ice, high winds), traffic and the condition of any road, track or trail.
- Neither the event organiser nor anyone working for the race is responsible for any personal item or property that is lost, damaged or stolen during the event.
- I grant permission for the race organisers to use any and all images or film (video/ moving content) of me captured during the race and allow these images to be used in marketing materials including but not limited to online, print and broadcast media.
- The event organiser (Cragg15) reserves the right to cancel or amend the Event in the event of weather (including, but not limited to, snow, heat, tornadoes, earthquakes, fires, storms, lightning and floods), accidents, acts of war or terrorism, military conflicts or riots or for any reason that would affect the safety and security of race participants and spectators. In the event of such cancellation, there will be no refund of your payment unless authorised by the event organiser.
- I agree to release Cragg15 and its staff, officials, representatives, affiliates, sponsors and volunteers from any and all liability, claims, demands, negligence, actions, and causes of actions whatsoever for any loss, claim, damage, injury, illness, legal fees or action arising out of my participation in a Cragg15 event. This release extends to any claim made by my family, estate, heirs, or assigns arising from or in any way connected with the aforementioned activities.

NAME: _____

DATE: _____

SIGNATURE: _____